

# *Hanging C Ranch ~ Grassfed Beef ~ Wholes, Halves, & Quarters*

*Regenerating the land through diversity in plants, animals, and ingenuity.*

We are a family-owned ranch in Southern Oklahoma striving to regenerate historically overgrazed and overworked soil to provide a healthy and naturally diverse diet of native grasses and nutrient rich cover crops to our animals. We raise grassfed lamb and beef as well as pasture-raised pork and poultry seasonally.

When you purchase beef from us, you can expect to receive smaller cuts of meat than what is typically available in your local grocery store. Why? Because we run heritage breed cattle that flourish in our prairie habitat without grain and additional supports. Our animals are raised on grass and sunshine! They are able to forage, build healthy herd relationships, and live their best lives.

Our animals and pastures are 100% chemical fertilizer and pesticide free! To order your grassfed, grass finished beef, message Hanging C Ranch on Facebook or call or text Shello at 682-553-8917.

| Half of a Beef                                                                                                                                                                                                                                                                                                                                                                                                           | Quarter of a Beef                                                                                                                                                                                                                                                                                                                                                                                                     |
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| <p><b>What you pay:</b></p> <p><input type="checkbox"/> \$7/lb at pickup/delivery</p> <p><b>What to expect:</b></p> <ul style="list-style-type: none"><li>★ 130-150 lb of beef</li><li>★ 20-25% Steaks</li><li>★ 20-25% Roasts</li><li>★ 40-45% Ground Beef</li><li>★ 10-15% Other Cuts</li></ul> <p><b>Approximate Total Cost: \$1000</b></p> <p><b>Optional:</b></p> <p><input type="checkbox"/> Organ Meat \$2/lb</p> | <p><b>What you pay:</b></p> <p><input type="checkbox"/> \$7/lb at pickup/delivery</p> <p><b>What to expect:</b></p> <ul style="list-style-type: none"><li>★ 65-75 lb of beef</li><li>★ 20-25% Steaks</li><li>★ 20-25% Roasts</li><li>★ 40-45% Ground Beef</li><li>★ 10-15% Other Cuts</li></ul> <p><b>Approximate Total Cost: \$500</b></p> <p><b>Optional:</b></p> <p><input type="checkbox"/> Organ Meat \$2/lb</p> |

*Real food is NOT expensive. It's valuable!*

# *Hanging C Ranch ~ Pastured Chicken ~ Whole Birds*

*Regenerating the land through diversity in plants, animals, and ingenuity.*

We are a family-owned ranch in Southern Oklahoma striving to regenerate historically overgrazed and overworked soil to provide a healthy and naturally diverse diet of native grasses and nutrient rich cover crops to our animals. We raise grassfed, grass-finished lamb and beef as well as a limited amount of pasture-raised pork and poultry.

When you purchase poultry from us, you can expect to receive whole, frozen chickens and/or turkeys (fresh, never frozen turkeys may be available if requested). Our chicks and poults are either hatched on farm or sourced from small, family owned hatcheries who ethically hatch and raise poultry. We raise them on locally sourced feed and rotated them to fresh grass daily. They are able to actively forage and live their best lives.

Our animals and pastures are 100% chemical fertilizer and pesticide free! To order your custom annual chicken package, Hanging C Ranch on Facebook or call or text Shello at 682-553-8917.

| Chicken                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Turkey                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
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| <p><b>What you pay:</b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Minimal 3 chickens per reservation</li><li><input type="checkbox"/> \$3/lb at pickup/delivery</li></ul> <p><b>Total: Approximately \$15 per chicken</b></p> <p><b>What to expect:</b></p> <ul style="list-style-type: none"><li>★ Average weight per chicken= 4.5 to 6 lb. Larger chickens may be available by request.</li><li>★ Pickup on farm by appointment</li><li>★ Pickups scheduled from June 1st through October 31st</li><li>★ Limited delivery options may be available by request.</li></ul> <p><b>Optional:</b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Organ Meat by request</li><li><input type="checkbox"/> Offal by request</li><li><input type="checkbox"/> Chicken head/feet by request</li></ul> | <p><b>What you pay:</b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> \$4/lb at pickup/delivery</li></ul> <p><b>Total: \$50-\$80 per turkey</b></p> <p><b>What to expect:</b></p> <ul style="list-style-type: none"><li>★ 12-20lb frozen turkeys.</li><li>★ You may request an approximate weight when you place your order.</li><li>★ Fresh, never frozen turkeys MAY be available if requested when you place your order.</li><li>★ Delivery or pickup available after October 31st.</li></ul> <p><b>Optional:</b></p> <ul style="list-style-type: none"><li><input type="checkbox"/> Organ Meat by request</li><li><input type="checkbox"/> Offal by request</li></ul> |

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